

Spring / Summer Menu

LYDGATE JUNIORS



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4th April, 5th May, 16th May, 16th June, 14th July, 28th July, 18th, Aug, 8th Sept, 25th Sept, 20th Oct	Main Meal Option	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Wholemeal Margherita Pizza & Pasta Salad
	Vegetarian Meal Option	Veggie Sausage Toad in the Hole & Home-baked Potato Wedges	Macaroni Cheese	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Butternut Squash & Five Bean Risotto
	Street Food			Tuna Melt	
	Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn	British Red Tractor Garden Peas, Sliced Carrots	Broccoli, Cauliflower & Carrots	Carrot & Cucumber Sticks or Garden Peas, Sweetcorn
	Sandwiches		Cheese		Cheese
	Sandwiches		Ham		Ham
	Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans
21st April, 12th May, 2nd June, 23rd June, 14th July, 4th Aug, 25th Aug, 15th Sept, 6th Oct, 27th Oct	Dessert	Banana Mousse & Orange Smiles	Marble Sponge ^{VG} & Custard/Chocolate Sauce	Strawberry Jelly with Watermelon Slice ^{VG}	Vanilla Cookie ^{VG}
					Iced Sponge Cake
WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov	Main Meal Option	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Sunny Rice
	Vegetarian Meal Option	Cheese & Onion Pastry Roll & Home-baked Potato Wedges	Plant-based Pasta Bolognese & Garlic Bread Vg	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes	Cheesy Bean Pitta
	Street Food			Onion Bhaji Burger & Crispy Wedges Vg	
	Vegetables	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas, or Sliced Carrots
	Sandwiches		Cheese		Cheese
	Sandwiches		Ham		Ham
	Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans
28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov	Dessert	Banana Cake Vg & Custard	Shortbread & Orange Slices Vg	Chocolate Brownie	Flapjack Vg
					Chocolate Oaty Slice Vg
WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov	Main Meal Option	Sweet & Sour Chicken Meatballs & Sunny Rice	Beef Lasagne & Garlic Bread	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad
	Vegetarian Meal Option	Sweet & Sour Veggie Meatballs & Sunny Rice ^{VG}	Vegetable Lasagne & Garlic Bread	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Cheese Flan & Home-baked Potato Wedges
	Street Food			Cottage Pie	
	Vegetables	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas or Sliced Carrots
	Sandwiches		Cheese		Cheese
	Sandwiches		Ham		Ham
	Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans
28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov	Dessert	Strawberry Mousse & Fruit Slices	Chocolate Cookie & Orange Wedges ^{VG}	Vanilla Cupcake	Chocolate Crunch 'Concrete' ^{VG} & Chocolate Sauce
					Homemade Jam Sponge & Custard